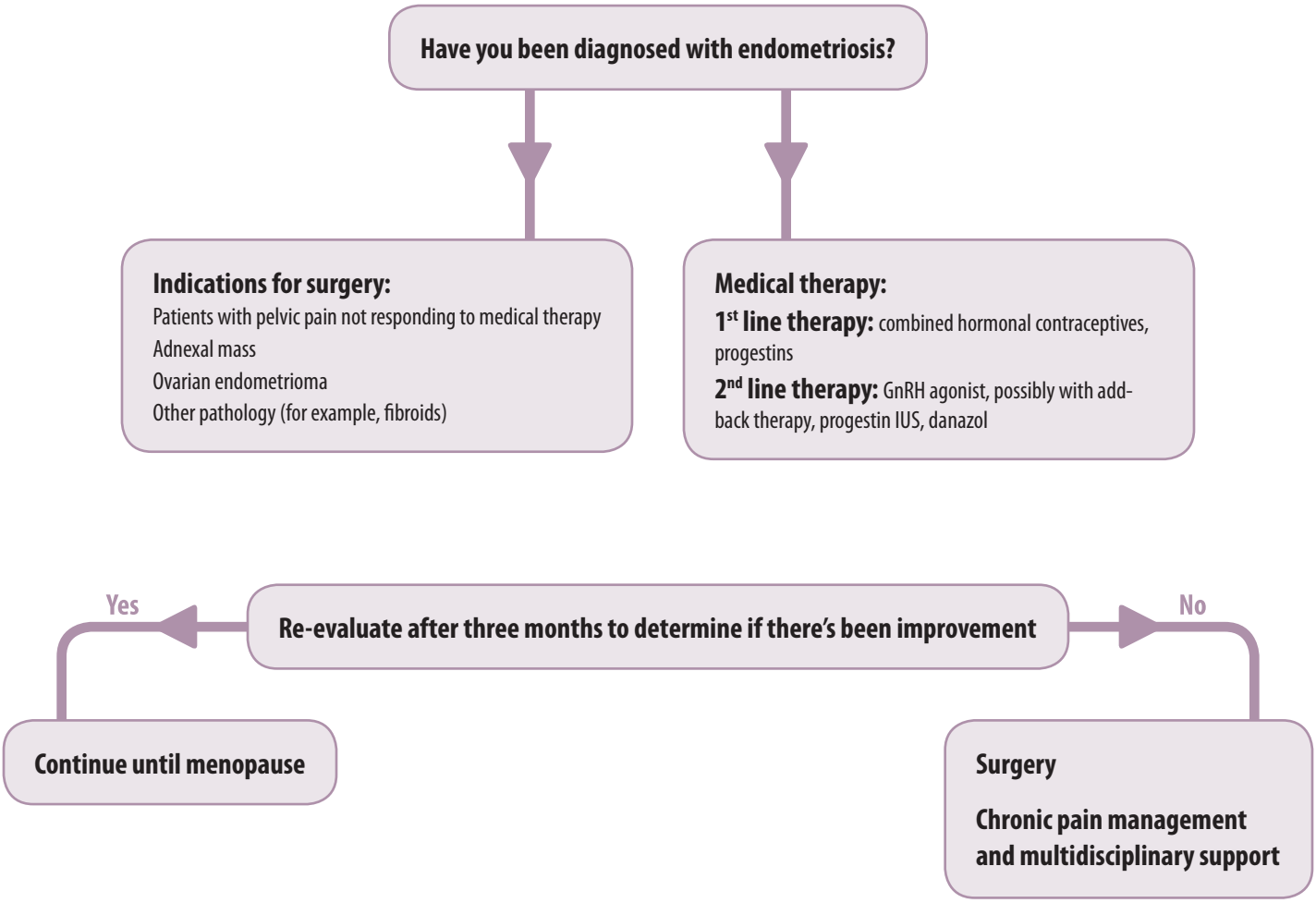Management of pain for a perimenopausal woman